



The WAG

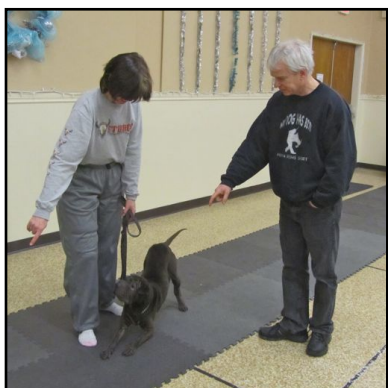
Paws 2 Dance Newsletter
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Coach's Corner

Chunking for Stress Relief

Freestylers know the benefit of chunking routines into smaller bits in order to teach and train a routine to the dog. But, think of chunking as a way to relieve dog stress as well.

Some routines include over 30 elements. That's 30 different stressors for the dog. If the handler breaks the routine into say eight pieces, each containing 3 or 4 moves strung together as though they were a *single* element, then that reduces the stressors to eight. Keep a checklist of which chunks you have rehearsed, which need more rehearsal, or which are fluid.



Attitude is crucial. Be careful to focus not only on completion of the elements but also on how much the dog enjoys performing the string of moves.

Concentrate on the chunks that are not so easy to complete, making sure your dog's attitude to that chunk is good. If it isn't, then that chunk may have to be broken down into single moves again until the attitude is better.

This WAG is dedicated to the *Shadows of Eternity* production.

Next WAG will return to its regular format.

"How to" will feature weaving. Send in your favorite strategies and variations to freya9@telus.net

So . . . what first inspired you to dress up in funny costumes and dance with your dog?

Attracting new members is always an important aspect of any organization as with new members come fresh ideas, perspectives, and vitality. Knowing what has attracted current members may help us promote our sport to attract others. Besides, it will be fun to hear from everyone how they were first introduced to this wonderful (some say "crazy") sport.

Send me (freya9@telus.net) a line or two about what first attracted you. If it was a demo or competition, be specific about the location. Thanks in advance!

Calendar of Events

Competitions

April 6/7: WCFO Bark & Roll, Arlington, Washington

May 4: P2D Prancing Paws, Cloverdale

May 11/12: WCFO Corvallis, Oregon

June 23: P2D Island Fling, Location TBA

September 7/8: P2D BSB, Sequim

Fun Match

April 13, TNT Kennels, Abbotsford

Demos (Others listed on members calendar)

March 2: Sheraton, Guildford

March 9, 10: Seattle Kennel Club Show

April 20: Whistler Dog Fest

Easter Sunday: Port Moody

August 25: Hyack Festival, New West

Seminars/Workshops

March 9, 10, 11: Ian Dunbar (Nanaimo)

April 20, 21: Michel Pouliot (Abbotsford)

June 29, 30: Nancy Tanner (Seattle)

Courses/Training Sessions

Thursday nights 7 - 8. Barking Lounge with Gail, starting Feb. 21

Jan. 26, Feb. 23, March 30 Group training at BSC hall (Saturdays, 2 - 4)

Monday Nights: Handling class with Ray



The **Shadows of Eternity** production was a complicated one to stage. In a previous WAG edition, individuals were acknowledged for their contributions. This time, a photo compilation of the show will give you some idea of the story and the three sets. Photos by Dennis Ducklow and Shannon Underwood, graphics and set design by Lin MacDonald, costumes by Annette Granbois. *Everything* overseen by Ray Underwood.

Egyptians prepare to celebrate



Royals make their entrance



Priestesses dance



Merchants arrive



Lovers share a moment



Royals make their exit



“Gold Set”

- Gold fabric attached with magnets to the risers.
- Gold cube covers held with magnets and hooks.
- Eagle tapestry stapled to board.
- Swagging suspended from an articulated strong-back attached to a fly pipe.
- Columns pleated above and below, stapled to plywood D-shaped forms; lights sat on solid bottom forms and shone through open upper forms.



Lovers meet secretly



Samir releases the shadow creatures



The shadow creatures seize Maik



Royals and Amira grieve together



Royals seek help at the temple



High Priestess summons Anubis



"Blue Set"

- Blue fabric glued and stapled to the collapsible risers.
- Blue appliqued cube covers stapled onto wooden cubes
- 32' blue satin panel suspended from fly pipe
- four mirrors affixed to panel with a complicated system of electrical conduit, metal eye-hooks and quick links, and chained to the main pipe above.



Anubis arrives



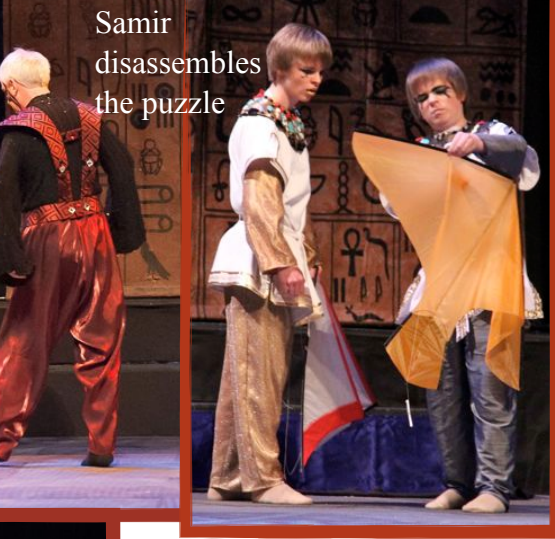
Creatures and Zulach exult



Creatures and Anubis face off



Anubis attacks Zulach



Samir disassembles the puzzle



Pharaoh forgives



Body of Anubis is carried off



Delegation returns

“Tomb Set”

- four 32-foot painted and stenciled hieroglyphic panels
- two 12-foot sono-tubes covered in painted fabric (sono-tubes are used as concrete forms for construction. These would have been for something big – like a bridge)
- one large stuffed dog



Paying homage to Anubis



Naming the future Pharaoh



Funny *Shadows* stories:

Sharon: While Gordon was doing my *eyes*, something came over me and I asked as I pointed to my chest, “Would you like me to pull down my zipper?” Gordon’s jaw dropped and it took a few minutes for us to stop laughing enough for him to continue to do my face.

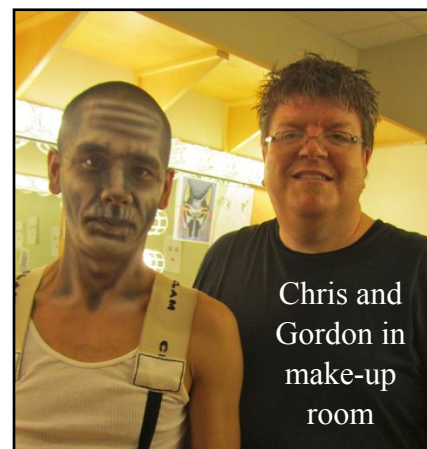
Tristan: When Gordon was airbrushing foundation on me, I had to take a breath. My timing was bad . . . he shot me right in the mouth.

David: Easily the funniest moment for me came when I was circling around the stage with the high priestess and Pharaoh on stage and as I was coming around the back part of the stage, all I saw was this brown blur of Ali leaping straight up in the air to get at my kite :-)

Lyd: Same scene as the leap, when I shook my staff, the bottom half broke off and flew toward David. The look on David’s face was pretty funny. Meanwhile, Ray had to keep Ty from retrieving the big stick!

Ann: One of the funniest things that happened was in the meet and greet after the Sunday show. I had a group of "Red Hat" ladies approach me and one of them was just raving about Ray and how did he train that dog to play dead for so long when he was carrying it!! She said, "You couldn't even see it breathing!" I told her it was an extremely hard trick to train. Thank you Mr. Stuff. Hahahahaha

Gratifying message: I know most of you (meaning the cast!) are of a “certain” age but you all looked younger than springtime. (Amazing what primer, poly-filla, and an airbrush can accomplish!)



The WAG does not normally carry recipes. But, for this *Shadows of Eternity* edition, and by popular demand, I'm including two recipes. After Ken, Jan's husband, made these and brought them in for a full-day rehearsal, we insisted he make them for every other long rehearsal. Being the accommodating fellow that he is, he did.

Shadows Cheese Baking Powder Biscuits

2 cups sifted all purpose flour
 1 Tbsp baking powder
 1/2 tsp salt
 1/4 cup shortening
 Grated aged cheddar cheese. (About 1 1/2 cups)
 3/4 cup milk

Sift flour with baking powder and salt.
 Cut in shortening
 Add cheese
 Put milk in all at once.
 Stir until dough clings together
 Knead lightly on a floured board (about 12 times)
 Roll out to desired thickness; cut into rounds with a glass
 Bake at 450° for 12 - 15 minutes .
 Can also be made plain by omitting cheese
 Recipe makes approx 12



Eternity Cheese Crackles

1 packet MacLarens Imperial cheese
 (red plastic tub)
 1 cup butter or marger
 1 1/2 cups flour
 4 cups Rice Krispies

Have cheese and butter at room temperature
 Cream cheese and butter with a mixer
 Add flour and mix well.
 Add Rice Krispies with a spoon and mix well
 Drop from a teaspoon and flatten with a fork
 Bake at 350° for 5 to 7 minutes

Donations

Paws 2 Dance was pleased to make two donations from the proceeds of *Shadows of Eternity*. The first was to SAINTS (Senior Animals in Need Today), a safe haven for abandoned senior pets that Carol operates out of her own property. She relies on volunteer help and donations to provide a home-like, friendly environment to dozens of dogs and cats and several farm animals. As you can imagine, her vet bills run high so she was very grateful for the donation.

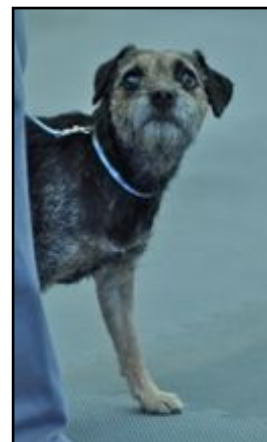
The second donation was to Brookwood Senior Citizens Activity Centre, one of the locations where P2D trains. BSC has accommodated P2D over the years and has welcomed us as part of the BSC family. On hand to receive the cheque were five board members including 96-year-old Astrid who says she loves the dogs but likes Annette's costumes even more.



Caption Responses



I surrender! (Joan S)
 I love you this much.
 (Lyd)



Not guilty! (Joan)
 I didn't mean to do it. Honest! (Lyd)



P2D members and the BSC board are standing in front of a bank of mirrors installed the day before by Lin, Joan, Gail, and Lyd. Below: an important part of the installation process. Honest.

